

## Spring 2017 S.U. Noontime Running League Tentative Schedule

updated 1/18/17

All events in Manley Field House unless otherwise noted

Track is generally available Mon, Wed, Fri, Noon to 1 pm with noted exceptions:

RED: More restrictive

GREEN: less restrictive

GOLD: Timed/scored Event

Day	Date	Time	Event
Wednesday	01/04/17	12-1 pm	open recreation running
Friday	01/06/17	12-1 pm	open recreation running
Monday	01/09/17	12-1 pm	open recreation running
Wednesday	01/11/17	12-1 pm	open recreation running
Friday	01/13/17	12-1 pm	5k
Monday	01/16/17	NOT AVAILABLE	
Wednesday	01/18/17	12-1 pm	open recreation running
Thursday	01/19/17	12-1 pm	4 x 1-Manley-lap (4 x 257.6m) relay
Friday	01/20/17	NOT AVAILABLE	
Monday	01/23/17	12-1 pm	open recreation running
Wednesday	01/25/17	12-1 pm	open recreation running
Friday	01/27/17	11:45 am-1:15 pm	8k
Monday	01/30/17	12-1 pm	open recreation running
Wednesday	02/01/17	12-1 pm	open recreation running
Friday	02/03/17	12-1 pm	open recreation running
Monday	02/06/17	12-1 pm	open recreation running
Wednesday	02/08/17	12-1 pm	open recreation running
Thursday	02/09/17	11:45 am-1:15 pm	4 x 2-Manley-laps (4 x 515.2m) relay
Friday	02/10/17	NOT AVAILABLE	
Monday	02/13/17	12-1 pm	open recreation running
Wednesday	02/15/17	12-1 pm	open recreation running
Friday	02/17/17	12-1 pm	800m
Monday	02/20/17	12-1 pm	open recreation running
Wednesday	02/22/17	12-1 pm	open recreation running
Friday	02/24/17	12-1 pm	open recreation running
Monday	02/27/17	12-1 pm	open recreation running
Wednesday	03/01/17	12-1 pm	open recreation running
Friday	03/03/17	12-1 pm	200m/400m makeup day
Monday	03/06/17	12-1 pm	open recreation running
Wednesday	03/08/17	12-1 pm	open recreation running
Friday	03/10/17	12-1 pm	3k
Monday	03/13/17	12-1 pm	open recreation running
Wednesday	03/15/17	12-1 pm	open recreation running
Thursday	03/16/17	12-1 pm	Mile (yes a real mile)
Friday	03/17/17	NOT AVAILABLE	
Monday	03/20/17	12-1 pm	open recreation running
Wednesday	03/22/17	12-1 pm	open recreation running

Friday	03/24/17	12-1 pm	open recreation running
Monday	03/27/17	12-1 pm	open recreation running
Wednesday	03/29/17	12-1 pm	open recreation running
Friday	03/31/17	11:45 am-2:15 pm	15k
Monday	04/03/17	12-1 pm	open recreation running
Wednesday	04/05/17	12-1 pm	open recreation running
Friday	04/07/17	11:45 am-1:15 pm	Relay makeup day
Monday	04/10/17	12-1 pm	open recreation running
Wednesday	04/12/17	12-1 pm	open recreation running
Thursday	04/13/17	12-1 pm	800m/5k makeup day
Friday	04/14/17	NOT AVAILABLE	NOT AVAILABLE
Monday	04/17/17	12-1 pm	open recreation running
Wednesday	04/19/17	12-1 pm	open recreation running
Thursday	04/20/17	12-1 pm	1500m/3k makeup day
Friday	04/21/17	NOT AVAILABLE	NOT AVAILABLE
Monday	04/24/17	12-1 pm	open recreation running
Wednesday	04/26/17	12-1 pm	open recreation running
Friday	04/28/17	12-1 pm	open recreation running
Monday	05/01/17	12-1 pm	open recreation running
Wednesday	05/03/17	12-1 pm	open recreation running
Friday	05/05/17	12-1 pm (outdoor track if ok weather)	100m
Saturday	05/13/17	9 am at Onondaga Lake Park/Yacht Club	End o' Year 5k/10k/15k road event

Schedule Contact: peford@syr.edu

For more SU Noontime Running League information visit:

<http://barnyard.syr.edu/run.shtml>

or facebook group "NOONTIME RUNNING LEAGUE"

or @SUNOONRUN #SUNOONRUN