

Syracuse Chargers Records for M6569

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|--------------------|-------------------|-----------|------------|
| high jump | Ed Lukens | 4ft 8in | 1/18/1987 |
| high jump | Ed Lukens | 4ft 8in | 8/4/1990 |
| outdoor pentathlon | Tim Collins | 2757 | 7/28/2007 |
| 1 mile | Ed Stabler | 5:40.6 | 1/21/1995 |
| 10 miles road | Howard Rubin | 1:07:28 | 9/19/1993 |
| 1000m | Sam Graceffo | 3:41.0 | 1/5/2002 |
| 100m | Ed Cox | 13.0 | 7/2/1994 |
| 100m HH | Ed Lukens | 18.3 | 7/12/1992 |
| 10km road | George Luke | 41:46.0 | 5/25/2008 |
| 10km track | Nate White | 42:52.1 | 8/16/1994 |
| 10km walk road | Luigi Lombardi | 1:40:32 | 8/1/2004 |
| 110m HH | Ed Lukens | 18.51 | 8/4/1990 |
| 1500m | Ed Stabler | 5:19.6 | 11/11/1994 |
| 1500m walk | Bob Nicholson | 9:42.18 | 7/14/2015 |
| 15km road | Ed Stabler | 1:00:13.0 | 11/13/1994 |
| 15km track | Tom Walnut | 70:52.1 | 2/28/1991 |
| 2 miles | Kermit Caddrette | 14:55.1 | 3/13/2008 |
| 2000m | Sam Graceffo | 7:49.3 | 3/16/2003 |
| 200m | Ed Cox | 27.6 | 6/26/1994 |
| 20km | Howard Rubin | 1:25:23 | 8/7/1983 |
| 25km road | Ray Deschambeault | 2:05:17 | 9/4/1981 |
| 3000m road | Tim Collins | 14:21 | 5/3/2009 |
| 3000m | Ed Stabler | 11:10.0 | 1/3/1994 |
| 3000m walk | Roy Bragger | 20:52.4 | 2/13/1999 |
| 300m | Howard MacMillan | 50.2 | 12/24/1991 |
| 300m IH | Ray Panek Sr. | 1:22.3 | 6/18/2016 |
| 30km road | Howard Rubin | 2:19:12 | 4/2/1995 |
| 400m | Fred Schlereth | 62.94 | 8/1/1998 |
| 440y | Howard MacMillan | 74.0 | 7/6/1993 |
| 45m | Howard MacMillan | 7.1 | 12/29/1991 |
| 5 miles road | Howard Rubin | 33:13.0 | 6/17/1995 |
| 500m | Howard MacMillan | 1:39.0 | 3/10/1996 |
| 50km track | Don Brown | 6:44:22 | 6/30/1984 |
| 50m | Ed Lukens | 7.3 | 2/28/1987 |
| 50m | Ed Lukens | 7.3 | 3/22/1987 |
| 50m HH | Ed Lukens | 8.4 | 3/22/1987 |
| 55m | Ed Cox | 7.6 | 3/5/1994 |
| 55m HH | Ed Lukens | 9.5 | 1/15/1989 |
| 5km road | John Rastani | 19:30 | 10/20/1985 |
| 5km track | Howard Rubin | 20:13.8 | 7/25/1993 |
| 5km walk road | Bob Nicholson | 34:09 | 7/15/2015 |
| 600m | Sam Graceffo | 2:05.1 | 12/8/2002 |
| 60m | Ed Cox | 8.58 | 3/21/1993 |

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|-------------------|----------------|-----------|------------|
| 60m HH | Ed Lukens | 10.14 | 1/15/1989 |
| 60m HH | Ed Lukens | 10.14 | 4/2/1989 |
| 60y HH | Ed Lukens | 9.48 | 3/29/1987 |
| 800m | John Allen | 2:35.9 | 2/20/2005 |
| 8km track | Tom Walnut | 38:13.0 | 1/8/1993 |
| discus 1.6kg | Elmer Shaw | 97-1 1/2 | 10/21/1984 |
| discus 1kg | Harry Schwarze | 128-8 | 7/29/2005 |
| discus 2kg | Elmer Shaw | 84-10 3/4 | 10/21/1984 |
| half marathon | Ed Stabler | 1:29:48 | 8/11/1994 |
| hammer 16lb | Elmer Shaw | 96-4 | 7/13/1983 |
| hammer 5kg | Elmer Shaw | 126-0 | 7/19/1986 |
| hammer 8lb | Elmer Shaw | 146-8 | 4/21/1985 |
| javelin 800g | Ed Lukens | 128-3 1/4 | 8/2/1987 |
| long jump | Ed Lukens | 17-4 1/2 | 3/22/1987 |
| marathon | Ed Stabler | 3:09:24 | 10/1/1994 |
| pole vault | David Rider | 8ft | 4/6/1996 |
| shot put 12lb | Elmer Shaw | 32-5 3/4 | 10/20/1984 |
| shot put 16lb | Gary Crawford | 28-1 1/2 | 12/31/2006 |
| shot put 4kg | Elmer Shaw | 41-11 1/2 | 4/25/1987 |
| shot put 5kg | Elmer Shaw | 38-9 | 1/5/1985 |
| throw-a-thon | Elmer Shaw | 9526 | 10/21/1984 |
| triple jump | Ed Lukens | 35-7 1/2 | 3/15/1987 |
| weight throw 20lb | Elmer Shaw | 46-1 | 1/19/1986 |
| weight throw 25lb | Elmer Shaw | 41-7 1/2 | 5/4/1985 |
| weight throw 35lb | Gary Crawford | 28-6 | 3/13/2008 |
| weight pentathlon | Elmer Shaw | 3650 | 5/26/1985 |
| weight throw 44lb | Gary Crawford | 20-4 3/4 | 7/21/2007 |
| weight throw 56lb | Gary Crawford | 16-10 1/2 | 7/17/2006 |

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