

## Syracuse Chargers Records for M7UNDER

high jump	Zachary Meno	3ft 11in	1/12/1980
1 mile	Teshale Kelly	6:48.7	7/23/2013
1000m	Zachary Meno	4:50.5	1/13/1980
100m	Teshale Kelly	17.3	7/26/2013
100y	Aiden Griffin	17.1	8/12/2015
1500m	Zachary Meno	6:45.0	2/8/1981
200m	Keith Gissendanen	32.0	7/25/1978
200m	Keith Gissendanen	32.0	7/18/1979
220y	Erik Pederson	39.9	4/5/1978
3000m road	Teshale Kelly	13:32	5/15/2013
3000m	Teshale Kelly	13:13.3	6/11/2013
300m	Eric Phillips	54.6	1/9/1983
400m	Teshale Kelly	1:22.3	6/11/2013
40y	Jim Scott	6.8	1/28/1978
40y	Keith Gissendanen	6.8	7/25/1979
440y	James Scott	1:33.2	3/19/1979
500m	Eric Snook	2:02.5	2/23/1985
50m	Charles Askew	8.2	1/29/1978
55m	Da 'Vine Bennett	9.4	2/16/2013
5km road	Teshale Kelly	23:06	10/6/2013
600m	Eric Snook	2:32.0	2/2/1985
800m	Teshale Kelly	3:03.3	7/26/2013
880y	Dan Wright	3:25.4	2/15/1975
discus	James Muhammad	28-0	7/19/1981
long jump	Teshale Kelly	11ft 8in	12/15/2013
shot put 2kg	Hannon Shutts	16ft 1in	8/10/2017
triathlon	Joseph Johnston	70	1/25/2015
turbo javelin	Hannon Shutts	30ft 1in	7/15/2017

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